



## Body Checking Clinic

**Dates:** August 30, 31 & September 1

**Times:** 5:00pm – 6:00pm

**Location:** Cambridge Ice Centre

**Cost:** \$60

### Program Covers:

- Board Safety
- Giving a check
- Taking a check
- Angling your opponent
- Body position, puck battles

Player Name: \_\_\_\_\_ Age: \_\_\_\_\_

Parent Name: \_\_\_\_\_

Team 2009 – 2010 seasons: \_\_\_\_\_

Parent Signature: \_\_\_\_\_

I agree to release all employees, organizers, and helpers of Hockey Inc from any responsibilities, claim actions, damages or demands for injuries and or losses resulting from direct participation in the Hockey Inc programs.

Register at the Cambridge Ice Centre front desk  
7 days a week 9:00am – 9:00pm

[www.hockeyinc.ca](http://www.hockeyinc.ca)